

## **MEN SYSTEM AFTERCARE INSTRUCTIONS**

When you have had your hair replacement system fitted **DO NOT** wash your hair for the first 3 days to allow your scalp to settle and the bond to cure. Also **DO NOT** have a shower 24-48 hours after having system fitted as the steam can help to loosen the adhesion whether fitted by tapes or bonding adhesive.

Wash your hair system once or twice a week. Use a light stroking motion to wash, do not vigorously rub at the system. Stand in the shower and lean your head slightly forward and let the water penetrate the system and your scalp. Shampoo the system twice and condition once. Saturate the hair **ONLY** with conditioner and not the base of the system. Use dry shampoo in between washes to keep the hair system fresh.

Always use a good clarifying shampoo and conditioner which is sulphate free, Moroccan oil and Argan Plus do good ones, or you can use products specially formulated for wigs and hair systems.

Your hair replacement technician may also sell hair shampoos, conditioners, serums and vitamin sprays, tapes specifically formulated for hair replacement systems. If you would rather purchase these products from the technician, ask, as generally the technician will sell larger sizes than online and the correct tapes.

Moisturise every day with a small amount of Moroccan oil, or Argan Plus oil, you can also use leave in conditioners in these product ranges. Virgin Coconut oil and jojoba oil is also great for the hair. The hair does not receive your natural oils so you need to add the moisture. If you do not moisturise the hair on your hair replacement system, it will become dry and brittle leading to tangling, breakage and split ends. Use only a pea size of products listed to avoid saturating the hair and making it limp and greasy.

Always shampoo and condition after swimming in the sea or pool, chlorine can dry your hair out just like the salt in the seawater. This also applies after doing sports or going to the gym. A constant build-up of sweat can cause a scent on hair systems especially those with skin bases. Deodorants for hair systems can be purchased to help eliminate any unpleasant smells between washes along with dry shampoo.

Do not bleach, dye, perm or chemically straighten your hair replacement system, if you would like to change the colour go back to the hair replacement consultant.

When blow drying your hair, add a little Moroccan oil to the wet hair or salt spray. Make sure the hair replacement system is dry right through, this means making sure the scalp area is dry too. This will help to prevent any odours occurring and help with the longevity of adhesion

**NEVER** go to bed with your hair replacement system wet, this will cause matting and tangling and bad odours. Thoroughly dry your system or if air drying allow a good amount of time for the system to dry.

The system may feel strange when first fitted, tightness, tenderness and sometimes itching of the scalp are common symptoms once the system has been fitted. This will subside once washed and worn over the course of the first week.

Go back to your hair replacement consultant every 4 weeks for maintenance. This consists of removing the system, having the scalp washed and treated and the system refitted.

**Prices for fitting if premature lifting occurs due to activity level**

- **1 week £10 to reapply**
- **2 weeks £20 to £30 to reapply**
- **3 weeks £40 to £50 to reapply**
- **4 weeks £60 to £90 to reapply**

When a completely new system is needed your hair replacement technician will go through the process with you.

**The hair system will give you back your confidence so enjoy!**